



E-Cigarette & Tobacco RESOURCE GUIDE

HEALTHY kids are tobacco **FREE**
Smoke Free | Vape Free

This guide contains a variety of resources for parents, educators, youth and communities to prevent the initiation of use of e-cigarettes and other tobacco products and assist nicotine dependent youth to quit. For further information, training, and support please contact the Georgia Tobacco Free Youth Project.



Centers For Disease Control and Prevention
[Electronic Cigarettes](#)

Fact Sheets: E-cigarettes and Youth
[E-cigarettes and Youth: What Parents Need to Know pdf icon \(PDF\)](#)

[E-cigarettes and Youth: What Health Care Providers Need to Know pdf icon \(PDF\)](#)

[E-cigarettes and Youth: What Educators and Coaches Need to Know pdf icon \(PDF\)](#)

[E-cigarettes Shaped Like Flash Drives: Information for Parents, Educators, and Health Care Providers](#)

Multimedia Resources
[E-cigarettes, or Vaping, Product Visual Dictionary \(PDF\)](#)

[E-cigarette Use Among Young People Video \(long version-11 minutes\)](#)

[E-cigarette Use Among Young People Video \(short version-6 minutes\)](#)

[Teachers and Parents: That USB Stick Might Be an E-cigarette \(PDF\)](#)

[Talk with Your Teen About E-cigarettes: A Tip Sheet for Parents \(PDF\)](#)

CONTACT INFORMATION

Georgia Tobacco Free Youth Project

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Training and technical assistance available on request.

PROGRAM SUPPORT

Cobb Community Alliance to Prevent Substance Abuse

3162 Johnson Ferry Road
Suite 260, P.O. Box 823

Marietta, GA 30062

(404) 791-7406

www.ccapsa.org



Department of Behavioral Health & Developmental Disabilities



D·B·H·D·D



Centers For Disease Control and Prevention

[“One Brain” \(Print Ad\)](#)

[“One Brain” \(PSA\)](#)

[EVIDENCE BRIEF: Tobacco Industry Sponsored Youth Prevention Programs in Schools](#)

[EVIDENCE BRIEF: Tobacco Industry Sponsored Youth Prevention Programs in Schools \(PDF\)](#)

[Presentation for Youth: Know the Risks: A Youth Guide to E-cigarettes](#)



FDA Tobacco Education

[“The Real Cost” Youth E-cigarette Prevention Campaign](#)

[Prevention Ads \(Sharable Video\)](#)

[FDA/Scholastic Grade 9-12 Education](#)

[Youth Vaping Risks](#)

FDA Retailer Age Verification Program

[This is Our Watch](#)



Georgia Department of Public Health

[A model 100% Tobacco-Free School Policy For School Districts in Georgia](#)

[Health Advisory on E-cigarettes and Vaping Devices](#)

SCHOOL-BASED EDUCATIONAL PROGRAMS



“Catch My Breath” Youth E-cigarettes & Juul Training Program

[One Pager/Website](#)



[Stanford Tobacco Prevention Toolkit](#) Comprehensive school-based middle and high school curriculum.



Addiction Policy Reform Awareness Campaign

[Vaping: Know The Facts](#)

[Vaping: The Hit Your Brain Takes \(Video\)](#)

ALTERNATIVE TO SUSPENSION PROGRAMS



Stanford Tobacco Prevention Toolkit
[Stanford Healthy Futures Curriculum](#)



American Lung Association
[INDEPTH™](#) Intervention for Nicotine Dependence | Education, Prevention, Tobacco and Health.
[Register](#) for **FREE** online training.

OTHER RESOURCES



American Heart Association
[The 101 on E-cigarettes Infographic](#)

[E-cigarettes Threaten the "tobacco endgame"](#)



American Lung Association
[E-cigarettes](#)

[The Vape Talk Conversation Guide for Parents](#) (video resource)

[Links to Additional E-cigarette Resources](#)



Truth Initiative
[Quitting E-cigarettes](#)

[Youth Smoking Prevention and Education](#)

[Vaping](#)

[Research and Resources](#)

[Videos / Infographics](#)



Center on Addiction
[Addiction Prevention Strategies](#)



Partnership for Drug-Free Kids
[Homepage](#)

[The Teen Vaping Trend – What Parents Need to Know](#)

Spanish Resources Guide

[VAPEAR: Lo Que Usted Necesita Saber y Cómo Hablarle a Sus Hijos Acerca de Vapear](#)

QUIT SMOKING & VAPING



Truth Initiative [Quit Smoking and Vaping Tools](#)

[This is Quitting](#)

This free quit-vaping and quit-smoking mobile program is designed specifically for teens and young adults. Youth can enroll by texting "DITCHJUUL" to 887-09.



[BecomeAnEX® \(Must be 13 or older\)](#)

Includes a customized quit plan, text messages for support, interactive guides and tools, expert advice and tips from Mayo Clinic and an active, supportive EX Community.



Centers for Disease Control (CDC) [Quit Smoking](#)



U.S. Department of Health & Human Services [Smokefree Teen](#)

[SmokefreeTXT](#)

For the teens who would rather get their quit info via text message.



[My Last Dip](#)

For chewing tobacco users.



Georgia Department of Public Health Quit Line

English

1 (877) 270-STOP [1 (877) 270-7867]

Spanish

1 (877) 2NO-FUME

Hearing Impaired

1 (877) 777-6534

Hours of Operation

Available every day, 24 hours a day, 7 days a week (including holidays)

Additional Information and Resources

["Ready to Quit" Resource Page](#)

POLICY RESOURCES



[Model Tobacco 21 Policy](#)



[American Nonsmokers Rights Foundation](#)

Includes Model Ordinances, Policies and Campaign Guidelines and Resources.



Counter Tobacco

Empowering communities to become healthier places, starting with the retail environment.

[Policy Solutions](#)

[Resources and Tools](#)