



# PARENTS WHO HOST, LOSE THE MOST: Don't be a party to teenage drinking



Alcohol use during the teenage years could interfere with normal adolescent brain development and increase the risk of developing Alcohol Use Disorder.



The 2016 Monitoring the Future Survey found that alcohol consumption has **DECREASED** among middle and high schoolers.

**25%**

Approximately 25% of teens report getting alcohol from **ADULTS** such as parents or other family members.

### *They really are listening!*

More than 80% of young people ages 10-18 say their parents are the leading influence on their decision to drink or not drink.



Young people who begin drinking before the age of 15 are six times more likely to develop alcoholism or have problems with alcohol later in life, compared to those who wait until turning 21.



### ALCOHOL

**#1  
CHOICE**

Alcohol remains the **number one drug of choice among youth**, and excessive drinking continues to lead to more than **4,300 adolescent deaths** each year.



Nearly **10% of 12th graders** in Cobb County admitted to **binge drinking** during the past 30 days.



Over **1/3** of Cobb County seniors think there is **little or no risk** of harming themselves if they have **5 or more drinks of alcohol** once or twice a week.

